

# SPIRITUAL MIND SCIENCE OF CHRIST

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations Are Based On A Spiritual Science Lecture On:

## **"LIVING YOUR LIFE FREE OF LIMITATIONS"**

...**DEFINING LIMITATIONS**... "From a PERSPECTIVE of ULTIMATE SELF TRUTH I DEFINE LIMITATION as an ILLUSION of PERSONAL SELFHOOD or SEPARATION of IDENTITY from the ULTIMATE PRESENCE of GOD."

...**ULTIMATE SELF**... "I ACCEPT that my ULTIMATE SELF is CHRIST CONSCIOUSNESS or in ETERNAL MIND ONEMENT with the UNLIMITED PRESENCE of GOD within me."

...**MEDITATION**... "Through my DAILY practice of MEDITATION, I ESTABLISH and MAINTAIN CONTACT with the UNLIMITED PART of my CHRIST/GOD SELF."

...**VISUALIZATION**... "At least once daily I take a few moments to VISUALIZE or IMAGINE that I AM PART of the UNLIMITED INFINITE CHRIST LIGHT BODY of GOD'S PRESENCE within me."

...**RELEASE**... "I RELEASE my personal self beliefs and corresponding limitations to the UNLIMITED PRESENCE of GOD within me."

...**MIND FREEDOM**... "I DECLARE that MY MIND can be ONE with GOD'S MIND which KNOWS ALL FREEDOM for it is ALL THINGS with POWER WITHIN ALL CREATION."

...**SOUL FREEDOM**... "Through GOD'S PRESENCE within MY VERY SOUL, GOD'S FREEDOM to BE is a PART OF MY INNER MOST NATURE... MY SOUL, to be FREE of ILLUSIONARY LIMITATIONS."

...**HOLISTIC FREEDOM**... "Through my ONENESS with GOD'S PRESENCE within me -- I HAVE an UNLIMITED FREEDOM to EXPRESS HOLISTICALLY through MY BODY, MY MIND and SOUL."

...**FOCUSING**... "If ever I start to feel LIMITED, I catch myself or mind and RE-FOCUS on the CHRIST CONSCIOUS ONENESS with the UNLIMITED PRESENCE and FREEDOM of GOD at the CENTER of MY BEINGNESS."